

DOCTORS AS PATIENTS
Medical Roles Reversed

HELPING THE HOMELESS
Return to Society

HOSPITAL'S SIGNIFICANT ROLE
Meeting Children's Needs

HONKY-TONK HISTORY
Billy Bob's Turns 30

Fort Worth Magazine

393 **Top Doctors**

**The Area's Best
Physicians**

Chosen by
Their Peers in
42 Specialties

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Fort Worth, Texas magazine sent more than 3,000 local physicians a survey, asking them to voluntarily rate their peers and name the best doctors in Tarrant County. Medical professionals willing to participate went online to cast their votes.

While *Fort Worth, Texas* magazine provided the fields of specialty, the physicians identified the professionals they regard as being leaders in those fields.

The final results were submitted to a select panel of physicians for review.

2011

T + P DOCS

Process:

- Sample ballot notifying the medical community of the voting process and the ballot Web site address were mailed to the members of the Tarrant County Medical Society and the Texas Osteopathic Medical Association.
- Voting took place online. Those voting had to supply credential numbers in order to be able to participate.

Our Purpose:

- To provide useful information as a supplement for input from other sources. (If you have a good relationship with a doctor, do not let this cause an unnecessary change.)
- Physicians from the medical community selected these doctors. However, many highly regarded professionals do not appear on this list. We hope you will find these results useful when you find yourself in need of a physician. These are some of the best. Please join us in congratulating the physicians chosen for this honor.
- By including a doctor on the list, *Fort Worth, Texas* magazine in no way recommends or endorses his or her services.



Allergy/Immunology

Allergists and Immunologists treat disorders that attack the immune system and people who suffer adverse reactions to food, drugs, chemicals, immune deficiency diseases and even insect stings.

James Haden
Bob Lanier
Robert Rogers
Rajendra Tanna
Norm Tremblay

Anesthesiology

Anesthesiologists are responsible for monitoring and stabilizing vital signs while administering the drugs that will render a patient unconscious during an operation.

Kathleen Bajaj
Amit Darnule
Mark Frankel
James Harper
Creighton Pickett
Eric Silverman

Cardio Thoracic Surgery

Cardio Thoracic Surgeons provide operative and perioperative care to patients with conditions within the chest and heart including coronary arteries, valves, lungs, esophagus and diaphragm.

James Anderson
Darien Bradford
Reza Khalafi
Jeffery C. Lin
Carlos Macias
Richard Vigness
Al Yurvati

Cardiology

Cardiologists diagnose and treat heart problems, such as angina, high blood pressure and valve abnormalities, but they do not perform surgery.

Nasim Akhtar
Robert Dale Anderson
Rim Bannout
Michael J. Duran
Scott Ewing
Richard Feingold
Tim Hadden
Randy Hall
Susan Hess
George Khammar
Henry "Phil" Lobstein
Amir Malik
Giri Mundluru
Joseph Ortenberg
Billie Pugh
Syed Shah
David Slife
Balaji Veerappan
Martin Weiss

Colon/Rectal Surgery

A Colon and Rectal Surgeon is trained to diagnose and treat various diseases of the small intestine, colon, rectum, anal canal and perianal area by medical and surgical means also dealing with other organs and tissues involved with primary intestinal disease.

Glenn Hooker
Eduardo Castillo
Cliff Cox
Augustine Lee
Paul Senter
Britt West

Cosmetic Surgery

Cosmetic Surgeons are Plastic Surgeons who specialize in the cosmetic enhancement of areas of the body improving overall appearance and to optimize the outcome of reconstructive procedures using aesthetic surgical principles.

Robert Anderson
Richard Ethridge
Raymond Faires
Jonathan Heistein

Kelly Kunkel
Danielle LeBlanc
Mark Mason
Emily McLaughlin
Y. Anthony Nakamura
Larry Reaves
Dennis Schuster
Louis Strock
James Ward

Dermatology

Dermatologists treat problems of the skin, hair, nails and mucous membranes, such as warts, dandruff and skin cancer.

Angela Bowers
Thomas Busick
William Cothorn
Fred Ghali
Stephen Maberry
Peter Malouf
Diego Marra
D. Scott Miller
Laura Morris
Betty Rajan
Robin Roberts
Victoria Serralta
Danny Thomas
Patrick Walsh

Emergency Care

Emergency room doctors provide care to patients seeking immediate attention for ailments ranging from common colds to gunshot wounds.

Gerald Chase
Richard Dixon
Terence McCarthy
Elliot Trotter

Endocrinology

Endocrinologists treat glandular and hormonal problems, such as diabetes and thyroid disorders.

Chris Bajaj
Jaime Castro
Darren Lackan
Ken Mair
Imran Patel

David Wilson

Gastroenterology

Gastroenterologists treat problems of the digestive system, from heartburn to hiatal hernias, ulcers and liver disease.

Shahid Aziz
Mike Bismar
Robert Burgos
Adil Choudhary
Thomas Dewar
Josh George
Kumar Gutta
Dan Morton
Mark Murray
James Nackley
Nicholas Ogunmola
Monte Troutman

General Surgery

A General Surgeon has expertise in the diagnosis and care of patients with diseases and disorders affecting abdomen, digestive tract, endocrine system, breast, skin and blood vessels. They are also trained in the care of pediatric and cancer patients and in patients who are injured or critically ill.

Scott Bloemendal
Michael Brooks
Antonio Castaneda
Mark Collins
John Crawford
Peter Grays
Joe Guinn
Michael Korenman
Doug Lorimer
Robert Lovett
David McReynolds
James Norman
Peter Rutledge
Nabeel Shabout

General Family Practice

General or family practitioners are primary care doctors who treat both children and adults and refer their patients to



Palliative Care

Palliative care specialists provide various forms of medical care or treatment to concentrate on reducing the severity of disease symptoms or slowing a disease's progress, rather than providing a cure.

David Capper
Donald Andrew Langley
Alvin Mathe

Pediatric Surgery

Pediatric Surgeons are general surgeons who specialize in the diagnosis and care of premature and newborn infants, children and adolescents with conditions such as abnormalities in fetal stages, repair of birth defects,

treatment of cancer and injuries.

C. Thomas Black
David Bliss
Jose Iglesias
James P. Miller
Glaze Vaughan

Pediatrics

Pediatricians specialize in the development of children and treatment of childhood diseases.

Sherri Burke
Julie Crawford
John Dalton
James Friedman
Omar Gomez
Walter Halpenny
Mark Jones
Frank McGehee

Brad Mercer
Julee Morrow
Caron Murchison
Jay Murphy
Stephanie Perdue
Wilfred Raine
Ray Rhodes
Tom Rogers
Audrey Rogers
Steve Senevey
Jason Terk
Ben Worsley

Plastic/ Reconstructive Surgery

Plastic Surgeons deals with the repair, reconstruction or replacement of physical defects of form or function involving the

skin, musculoskeletal system, craniomaxillofacial structures, hand, extremities, breast and trunk and external genitalia or cosmetic enhancement of these areas of the body. Plastic Surgeons use cosmetic surgical principles to both improve overall appearance and to optimize the outcome of reconstructive procedures using aesthetic surgical principles.

Robert Anderson
Richard Ethridge
Basith Ghazali
John Heistein
Shujaat Khan
Kelly Kunkel
Danielle LeBlanc
Larry Reaves

Two thumbs up!

Thanks to our Top Docs, we can fulfill our promise to improve the health of children in our region.

We do it all for kids!

CookChildren's.

www.cookchildrens.org



A portrait of Richard T. Ethridge, M.D., Ph.D., a man with short brown hair, smiling broadly. He is wearing a light-colored, textured blazer over a white button-down shirt. The background is a soft-focus outdoor scene with trees and sunlight filtering through the leaves.

Richard T. Ethridge, M.D., Ph.D.

SPECIALTY: Plastic and reconstructive surgery, with a focus on cosmetic procedures of the breast, body and face. **EDUCATION:** B.A., Biochemistry, U.T., Austin; M.S., Human Biological Chemistry and Genetics, U.T. Medical Branch, Galveston; Ph.D., Human Biological Chemistry and Genetics, U.T. Medical Branch, Galveston; M.D., U.T. Medical Branch, Galveston. **AFFILIATIONS:** Harris Methodist Hospital, Baylor All Saints Hospital, Cook Children's Medical Center, Clear Fork Surgery Center, Fort Worth Surgery Center, Baylor Surgical Hospital. **GREATEST PROFESSIONAL ACHIEVEMENT:** Being able to provide each of my patients with attentive, personal attention. It's also very satisfying to hear patients say that they are pleased with their results. **INNOVATIONS:** We are dedicated to staying on top of the latest technology, like minimally invasive techniques, and incorporating them into procedures. I hold two patents

associated with biomedical research. **BEDSIDE MANNER:** At Ethridge Plastic Surgery, we provide personalized, exceptional care. Not only do I work closely with patients to define and achieve their goals, I also perform each and every procedure—from major surgeries to minor procedures such as fillers and Botox injections. My patients deserve my time. **FREE ADVICE:** Visit with several surgeons before undergoing any surgical procedure, then find the one with whom you are most comfortable. You want someone who truly listens to you and understands your goals.

CONTACT INFORMATION:

1622 Eighth Ave., Ste. 130 • Fort Worth, Texas 76104
817.921.5566 • Fax 817.921.5567
drethridge.com